

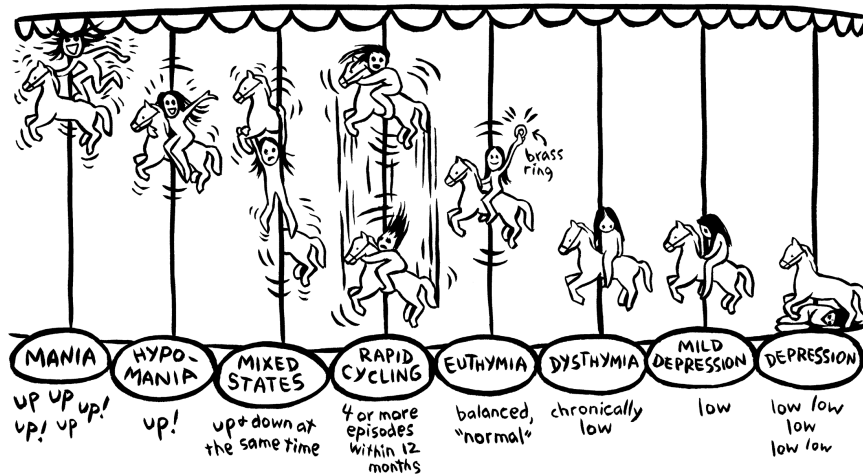
## What is Mood Disorder?

What is a "MOOD DISORDER" anyway?

BASICALLY, IT'S A CONDITION WHERE EMOTIONS ARE DERAILED FOR AN EXTENDED PERIOD OF TIME. THE MAIN TYPES ARE:

- ★ **BIPOLAR I:** ALTERNATING MANIC + DEPRESSIVE EPISODES ← (that's me)
- ★ **BIPOLAR II:** ALTERNATING HYPOMANIC + DEPRESSIVE EPISODES  
↳ "HYPOMANIA" = MILD MANIA
- ★ **CYCLOTHYMIA:** ALTERNATING HYPOMANIC + MILD DEPRESSIVE EPISODES
- ★ **UNIPOLAR DEPRESSION:** SINGLE OR RECURRENT EPISODES WITH NO MANIA
- ★ **DYSTHYMIA:** CHRONIC, LOW-GRADE DEPRESSION

... WHICH REFER TO THESE MOOD STATES:



NOTE: "BIPOLAR DISORDER" + "MANIC DEPRESSION" ARE THE SAME THING.

This excerpt may only be used for educational purposes as related to the exhibition *Graphic Medicine: Ill-Conceived & Well-Drawn!* Excerpt from *Marbles: Mania, Depression, Michelangelo, and Me* © 2012 by Ellen Forney

P. 59, graphic novel excerpt from *MARBLES; MANIA, DEPRESSION, MICHEANGELO, AND ME: A GRAPHIC MEMOIR* by Ellen Forney, copyright 2012 by Ellen Forney. Used by permission of Gotham Books, an imprint of Penguin Publishing Group, a division of Penguin Random House LLC. All rights reserved. This excerpt may only be used for educational purposes as related to the exhibition, *Graphic Medicine: Ill-Conceived & Well-Drawn!*